



Reiki: The Mystery Teachings

PhD Jeannie Kidwell, PhD Gianna Settin

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Reiki: The Mystery Teachings is a groundbreaking book on the threshold of a new phase in the history of Reiki. Ancient wisdom from esoteric mystery teachings is merged with thought-provoking insights into the philosophy of Reiki. New concepts are presented that enrich understanding of the spiritual energy of Japanese Reiki and how the Reiki Spirit Path leads toward enlightened Self. Delving into the great mysteries of Usui Sensei's Reiki reveals spiritual keys with relevance for our changing times. Advanced topics in Reiki are examined in a new light. These include Invocation, Meditation and Empowerment, and how the Reiki Wave facilitates the connection between the human heart-mind and Kokoro - the Big Heart-Mind of the Universe. This intriguing book teaches, inspires, and may even stir controversy. It offers rich material for Reiki teachers and practitioners, and all who are interested in healing and spiritual advancement. Jeannie Kidwell, PhD and Gianna Settin, PhD are long-time Reiki teachers. Of their collaboration, they write: "We began this project after decades of experience in our similar careers in psychology, in private clinical practice and teaching in university settings, then later in Reiki. While on separate but converging Reiki paths, we engaged in dialogues about metaphysics, healing, and the philosophy of Reiki. Throughout our journey, we were aided by intuition, meditation and guidance from our Higher Selves." Jeannie and Gianna teach and practice Reiki in California and Colorado, respectively. For more information, visit dogearpublishing.net or KokoroReiki.com.

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Charles Smith:

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