



# **Soft-Tissue Manipulation: A Practitioner's Guide to the Diagnosis and Treatment of Soft-Tissue Dysfunction and Reflex Activity**

*Leon Chaitow*

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## **Soft-Tissue Manipulation: A Practitioner's Guide to the Diagnosis and Treatment of Soft-Tissue Dysfunction and Reflex Activity** Leon Chaitow

Dr. Chaitow provides practitioners and students with a working knowledge of the diagnostic and therapeutic use of neuro-muscular, muscle energy and strain-counterstrain techniques, and covers a number of additional individual techniques and systems involving reflex points and trigger points.

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