



# **Secret Sounds: Ultimate Healing: Your Personal Guide to a Better Life Using Sharry Edwards' Revolutionary "Secret Sounds"**

*Jill Ingeborg Mattson*

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Tomorrow's total wellness is upon us today, as revealed in the cutting-edge book about inventor Sharry Edwards. Edwards unraveled sound healing mysteries, which ultimately empower the body to heal itself. This is the story of how the promise of tomorrow's science came into being with the discovery of the mysteries that are encoded in the voice, as well as techniques for tuning the body with sound. This new science, called BioAcoustics, uses sound for a myriad of purposes, previously never imagined. The book covers the scientific basis for Edwards's sound healing principles. Highlights of the book include discovering the secret language of your body, improving relationships with vibrations, understanding sound-based mysteries in your subconscious mind, adjusting your experience of astrological frequencies, and ascending to a higher level of being, using the most exciting unexplored power of the twenty-first century—sound.

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