



# The Naked Now: Learning to See as the Mystics See

Richard Rohr

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For Christians seeking a way of thinking outside of strict dualities, this guide explores methods for letting go of division and living in the present. Drawn from the Gospels, Jesus, Paul, and the great Christian contemplatives, this examination reveals how many of the hidden truths of Christianity have been misunderstood or lost and how to read them with the eyes of the mystics rather than interpreting them through rational thought. Filled with sayings, stories, quotations, and appeals to the heart, specific methods for identifying dualistic thinking are presented with simple practices for stripping away ego and the fear of dwelling in the present.



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