



Football For Dummies

Howie Long

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Football For Dummies Howie Long

Tackle everything about football with this comprehensive guide from the pros!

Always wanted to understand football, but don't know your X's from your O's? *Football For Dummies* has you covered! This fun, easy-to-read guide offers a comprehensive overview of the game. Former professional player and current NFL analyst Howie Long teams up with professional football consultant John Czarnecki to guide you through the game like no one else can, with analysis of football positions, basic and advanced offensive and defensive strategies, and the latest updates to the game and the rules. Learn about the latest NFL stadium technologies, new stars in the game, and get details about football that apply to every level, from pee wee to high school, college, and the pros!

Perfect for both knowledgeable fans as a reference, or to those new to the sport, this fun guide makes learning football easy. Jump in and you'll be talking the football talk in no time!

- Offers a perfect comprehensive and updated guide to football for both new fans and old pros
- Provides detailed explanations of positions, offensive and defensive plays, and analysis of approaches to various game situations
- Includes updated content on new stadium technology, new players, and the latest rules and regulations
- Packed with information that's applicable for every level

Dive right in to *Football For Dummies* to get the latest in-depth analysis to the most popular sport in America!

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