



Case Conceptualization and Treatment Planning: Exercises for Integrating Theory With Clinical Practice

Pearl S. Berman

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Case conceptualization and treatment planning skills have always been important in providing quality care to clients. These skills are even more vital in today's managed care market for documenting clients' need for treatment and support interventions on brief, intermediate or long-term bases.

This book enables readers to design case conceptualizations and treatment plans from diverse theoretical perspectives, including: behavioural; cognitive; process/experiential; family systems; dynamic; and transtheoretical. The author also demonstrates how readers can integrate important domains of human complexity into their clinical work, so that treatment can be tailored to a particular client. These domains include development, se

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