



## Social Anxiety in Adolescents and Young Adults: Translating Developmental Science Into Practice

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### Social Anxiety in Adolescents and Young Adults: Translating **Developmental Science Into Practice**

Social Anxiety in Adolescents and Young Adults: Translating Developmental Science Into Practice During adolescence, the physical, cognitive and behavioral hallmarks of social anxiety disorder often make

their first appearance. This book examines social anxiety in the context of dating and romantic relationships, alcohol and drug use, performance anxiety and school refusal and comorbid disorders such as depression.



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