



The Heroic Path to Self-Forgiveness: Change Your Story, Change Your Life (Volume 1)

Dr. Marion Moss Hubbbard

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Make Peace with Your Past We each have stories we tell ourselves. These stories can either be selfsabotaging or life-affirming. This is especially true with self-forgiveness. Do you continually criticize yourself for past errors in judgment? Do you berate yourself for failures to take right action? Are you relentless in punishing yourself for hurting others you care about? If so, this book can help you get out of your own way, so you can personally experience the gift of forgiveness from inside out. Once you do, you'll strengthen your ability to create a personalized story of wholeness, joy and self-fulfillment!



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