



# How to Raise a Child with a High EQ: A Parents' Guide to Emotional Intelligence

*Lawrence E., PhD Shapiro*

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Studies show that emotional intelligence -- the social and emotional skills that make up what we call character -- is more important to your child's success than the cognitive intelligence measured by IQ. And unlike IQ, emotional intelligence can be developed in kids at all stages.

Filled with games, checklists and practical parenting techniques, *How to Raise a Child with a High EQ* will help your child to cope with -- and overcome -- the emotional stress of modern times and the normal problems of growing up.

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