



Gems For The Journey

Vikki Johnson

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Gems For The Journey Vikki Johnson

In this uplifting book, ordained elder and radio personality Vikki Johnson shares the precious gems of healing wisdom she has collected along her journey through life. Divided into three categories -- mind, body and spirit -- these thought-provoking, soul-nourishing, spirit-filled messages will illuminate your path to wholeness by enriching all the areas of your experience: your relationships, your physical, mental and spiritual health and your ultimate goals. Whatever you may be struggling with, the lessons in this book encourage you to take the lemons in your life and make lemonade.

As you read and absorb these empowering gems, you may be inspired to write your own "Journey Notes." A special space is provided to encourage you to do this. And as the exquisite words gathered here inspire and transform you, you are sure to light the way for others, as well.



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