



# Choices That Change Lives: 15 Ways to Find More Purpose, Meaning, and Joy

*Hal Urban*

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**Hal Urban**, author of the much-loved bestsellers *Life's Greatest Lessons* and *Positive Words, Powerful Results*, gives us his third book of inspirational and practical wisdom on leading a more meaningful and more joyful life. With *Choices That Change Lives*, Hal reminds us that our lives are the result of our choices and the most important choices we make become our character traits, the ones that lead to fulfillment and peace of mind. He illuminates fifteen character traits that help us more fully develop our capacity to live rich and rewarding lives. He assures us that it's never too late to change, to break the chains of self-defeating attitudes and habits, and challenges us to dig a little deeper -- to grow in such qualities as humility, patience, empathy, and courage -- and to renew ourselves daily.

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