



Fruit Infused Water: Quick And Easy Fruit Infused Water Recipes And Herbal Antibiotics To Detoxify Your Body, Improve Your Metabolism, Weight Loss And Supercharge Your Health & Happiness

Pauline Ferndale

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Are You Ready To Lose Weight & Feel Great With The Help Of Fruit Infused Water?

If So You've Come To The Right Place...

Improve your health and happiness while treating your tastebuds to fruit infused water!

Let's take a look at what you're about to learn in this book...

- **An explanation of what fruit infused water actually is**
- Fruit infused water vs. fruit juice - the differences and similarities
- **Infusing your water with lemons**
- Infusing your water with berries
- **Fruit infused water with exotic additions**
- Picking the right fruit for your water
- **How to get creative with fruit infused ice**
- And much, much more!

The delicious recipes I'm about to share with you include...

- **The strawberry honey infusion**
- Refreshing lemon-mint water
- **My blueberry & lavender luscious water**
- Apple & cinnamon infusion
- **And HEAPS more**

Making fruit infused water is a very simple process, yet it's extremely beneficial to your health! No need to spend hours juicing your veggies anymore!

Let's Get Started!

Download your copy today and start learning about and enjoying these healthy, delicious fruit-based beverages in minutes

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Adam Carter:

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