



Clinical Nutrition For Surgical Patients

Mary Marian, Scott A. Shikora, Mary K. Russell

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Clinical Nutrition for Surgical Patients, Third Edition, is the most comprehensive resource available for practitioners who offer interdisciplinary nutrition care to surgical patients. This reference begins with a thorough review of the basics of medical nutrition therapy for surgical patients, including nutritional assessment, the role of surgical diets, and the indications and contraindications for specialized nutrition support. Subsequent chapters, written by experts in the field, address specific medical and surgical conditions and disease states that present specific challenges with provision of nutrition support. All recommendations are evidence-based and can be applied to clinical practice. The latest nutrition support techniques are described and their roles in managing many types of surgical patients are outlined. Any clinician caring for surgical patients will benefit from the wealth of current information provided in this text.

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