



# The Gold Mine Effect: Unlocking the Essence of World Class Performance

*Rasmus Ankersen*

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## **The Gold Mine Effect: Unlocking the Essence of World Class Performance** Rasmus Ankersen

Unlocking the Essence of World Class Performance. The authors experiences during the 6 months he spent travelling around the world to live and study in 6 Gold Mines which had obviously cracked the code when it comes to creating super athletes.

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