



# T/A: Transactional Analysis in Psychotherapy

*Eric Berne*

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## **T/A: Transactional Analysis in Psychotherapy** Eric Berne

Dr. Eric Berne, has attained recognition for developing one of the most innovative approaches to modern psychotherapy. In his writings and teachings, until his death in 1970, Dr. Berne laid the groundwork for a rational method for understanding and analyzing human behavior, which is gaining increasing application in modern therapy as one of the most promising new developments in the mental health field. Psychoanalysis as used in this book is meant to refer to what is known as "orthodox" psychoanalysis, that is, the resolution of infantile conflicts through the systematic use of free association, dealing with the phenomena of transference and resistance according to the principles of Freud.

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