



# The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom

*Ross Heaven*

Download now

[Click here](#) if your download doesn't start automatically

# The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom

Ross Heaven

## **The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom** Ross Heaven

Explains how the initiatory practices of the Ninja can be used to achieve self-mastery

- Uses the five human archetypes of lover, seeker, magus, soul warrior, and mystic
- Shows how to access *kuji-kiri*, the positive energy of the Ninja *Godai*, to dispel fear, disempowerment, and soul fatigue

The Ninja are a mysterious warrior elite said to be so spiritually advanced they knew the mind and will of God. Regarded with awe as masters of invisibility and “warriors of the shadow-self,” their legendary skills include the ability to command the elements and transform themselves into Fire, Water, Air, Earth, and Void--the nothingness from which all things stem. In this book Ross Heaven reveals the training exercises and mental discipline used by the Ninja to develop these extraordinary physical, emotional, mental, and spiritual skills.

Central to Ninja philosophy is the understanding that there is no higher power than the actualized human being. The Ninja believe there are four gates to freedom, and to pass through them we must overcome four initiatory ordeals. Succeeding at these enables us to combat fear, find true power, clarify our vision, and overcome the soul fatigue that is at the root of our personal and social problems in order to embrace our positive energies and realize our talents.

Ross Heaven guides us through these four gateways with exercises and initiations that utilize the energy of the lover, seeker, magus, soul warrior, and mystic as well as dealing with their shadow manifestations that may be causing problems in our lives. We learn how to break the destructive habits of the past and create a *bushido*, a personal code to live by. Without initiation, we cannot access and channel our energies; they remain uncontrolled or even work against us. Ross Heaven provides the key that allows us to turn these elemental forces into allies.

 [Download The Spiritual Practices of the Ninja: Mastering th ...pdf](#)

 [Read Online The Spiritual Practices of the Ninja: Mastering ...pdf](#)

## **Download and Read Free Online The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom Ross Heaven**

---

### **From reader reviews:**

#### **Stephen Ziegler:**

Information is provisions for those to get better life, information presently can get by anyone from everywhere. The information can be a knowledge or any news even a problem. What people must be consider if those information which is inside former life are challenging to be find than now's taking seriously which one works to believe or which one often the resource are convinced. If you obtain the unstable resource then you obtain it as your main information you will have huge disadvantage for you. All those possibilities will not happen in you if you take The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom as the daily resource information.

#### **Catherine Poppe:**

The particular book The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom has a lot of knowledge on it. So when you read this book you can get a lot of advantage. The book was authored by the very famous author. Mcdougal makes some research previous to write this book. This particular book very easy to read you can find the point easily after reading this book.

#### **Curt Hall:**

Does one one of the book lovers? If yes, do you ever feeling doubt when you are in the book store? Make an effort to pick one book that you find out the inside because don't ascertain book by its protect may doesn't work this is difficult job because you are scared that the inside maybe not as fantastic as in the outside appear likes. Maybe you answer could be The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom why because the fantastic cover that make you consider in regards to the content will not disappoint an individual. The inside or content is usually fantastic as the outside or cover. Your reading 6th sense will directly show you to pick up this book.

#### **Edwin Ashford:**

Don't be worry for anyone who is afraid that this book may filled the space in your house, you might have it in e-book means, more simple and reachable. This particular The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom can give you a lot of friends because by you taking a look at this one book you have factor that they don't and make an individual more like an interesting person. That book can be one of one step for you to get success. This guide offer you information that possibly your friend doesn't know, by knowing more than various other make you to be great folks. So , why hesitate? We need to have The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom.

**Download and Read Online The Spiritual Practices of the Ninja:  
Mastering the Four Gates to Freedom Ross Heaven  
#RLFAG4T3O7U**

## **Read The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom by Ross Heaven for online ebook**

The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom by Ross Heaven Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom by Ross Heaven books to read online.

### **Online The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom by Ross Heaven ebook PDF download**

### **The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom by Ross Heaven Doc**

**The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom by Ross Heaven Mobipocket**

**The Spiritual Practices of the Ninja: Mastering the Four Gates to Freedom by Ross Heaven EPub**