



Occupational Therapy Evidence in Practice for Mental Health

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Occupational Therapy Evidence in Practice for Mental Health provides students and practitioners with an essential textbook that both demonstrates and explains the application of evidence-based practice.

The book contains case studies that clearly illustrate the ways in which theory, research and/or governmental guidelines can be used to inform clinical reasoning and practice. Each chapter addresses different areas of mental health and demonstrates how the occupational therapy process might be implemented for each individual and how available evidence can be used to inform this process as well as the therapist's reasoning and critical reflection. Content spans a wide range of occupational therapy practice with client cases representing a variety of diagnoses, ages and social and cultural backgrounds within an assortment of health or social care settings.

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