

## Theology, Ethics and Transcendence in Sports (Routledge Research in Sport, Culture and Society)



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#### Theology, Ethics and Transcendence in Sports (Routledge Research in Sport, Culture and Society)

This book provides an inter-disciplinary examination of the relationship between sport, spirituality and religion. It covers a wide-range of topics, such as prayer and sport, religious and spiritual perspectives on athletic identity and 'flow' in sport, theological analysis of genetic performance enhancement technologies, sectarianism in Scottish football, a spiritual understanding of sport psychology consultancy in English premiership soccer and how Zen may be useful in sports performance and participation. As modern sport is often intertwined with commercial and political agendas, this book also provides an important corrective to the "win at all costs" culture of modern sport, which cannot always be fully understood through secular ethical inquiry. This is a unique and important addition to the current literature for a wide-range of fields including theology and religious studies, psychology, health studies, ethics and sports studies.

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