



Achieving Goals: Discovering the scientific and spiritual laws governing you, the power within you, and the process of achievement

Alan Tallarico

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Throughout history universal wisdom about our true nature, the power within us and the laws governing this power has been shared by many leaders. As understood through the mind of an engineer, this book is an expression of this wisdom. Achieving Goals explores the scientific aspects of the human mind, body, and spirit. Learn the process of achievement and the laws governing your thoughts, feelings and actions. Integrate this powerful wisdom into your life and achieve the goals you desire. Alan, an engineer and leader in the medical device industry, and entrepreneur, has been learning from some of the most respected leaders in the field of human potential and achievement. To You, the reader, it is my sincere hope and intention that the wisdom I learned and share within the pages of this book helps you achieve all the goals you truly desire in life. Quotes from the greatest minds in history, visual images, and thought provoking analogies are combined to create a powerful message that will educate, empower, and inspire the reader to realize their full potential, improve performance, and become more successful at achieving goals. Achieving Goals effectively illustrates and teaches from a scientific, psychological and spiritual perspective The Laws of Life. If you liked The Secret, you will love and value this book. Many Blessings! Alan “To believe in the things you can see and touch is no belief at all, but to believe in the unseen is a triumph and a blessing.” Abraham Lincoln “There is a law in psychology that if you form a picture in your mind of what you would like to be, and you keep and hold that picture there long enough, you will soon become exactly as you have been thinking.” William James

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