



Shaken Faith Syndrome: Strengthening One's Testimony in the Face of Criticism and Doubt

Michael R. Ash

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In today's Internet-savvy world an increasing number of Latter-day Saints are encountering anti-Mormon material. Since most members don't have all the answers at their fingertips, LDS-critical claims can be unsettling or create doubt. Some arguments have caused a few members—even active members with strong testimonies—to lose their faith.

Backed by extensive research and decades of experience dealing with anti-Mormon allegations, Michael Ash explores how we can be both rational thinkers and devout believers.

This second edition of Ash's widely successful *Shaken Faith Syndrome* includes more than 50 additional pages of material such as up-to-date highlights from scholarly studies that support the Book of Mormon and Book of Abraham, more discussion on how our brains and emotions handle challenging issues, and a brand new chapter on race issues and the Church.

For struggling members, or family and friends of struggling members, this is the "go-to" book for understanding the emotional turmoil that accompanies testimony-damage, and provides answers and resources to resolve the doubts which can impair faith.

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