



# Becoming Myself: Embracing God's Dream of You

*Stasi Eldredge*

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Stasi Eldredge

**Becoming Myself: Embracing God's Dream of You** Stasi Eldredge  
**God has dreams—*just* for you**

*Becoming Myself* is a hope-filled book for anyone who wonders if her life will ever change—if *she* will ever change. In Stasi Eldredge's most intimate book yet, she shares her own struggles with self-worth, weight, and her past as she shows readers how God is faithfully unveiling who we truly are.

Stasi urges you to lay down your past thoughts about yourself and receive God's incredible dreams for you instead. We cannot heal ourselves. We cannot become ourselves by ourselves. But we are not by ourselves.

The King of love wants to help us *become*. God desires to restore us—the real us. As he heals our inner life, he calls us to rise to the occasion of our lives. The most important journey any woman can take is the journey into becoming her true self through the love of God.

It's a beautiful paradox. The more of God's you become, the more yourself you become—the “self” he had in mind when he thought of you before the creation of the world.

Discover your truest self—the woman God created you to be—in *Becoming Myself*.

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